



**Global Medical
Response**

**National Basic
Provider Refresher
Series**

STRESS MANAGEMENT

Provides One (1.0) Hour of Continuing Education Credit

National Basic Provider Refresher Course Series



DATE:

August 15, 2023: 10:00-11:00 AM PACIFIC TIME

LOCATION

Virtual on Zoom — A link will be provided at the time of registration

COST : \$10.00

No cost for GMR employees, please use the GMR Employee ticket option

Scope

Provides Hospital, Pre-Hospital and First Responders working in the basic life support environment tools to manage stress.

Instructor:

Cpt. Kari Lynn Spanarella
Fire Training Captain NRP
Rural Metro Fire

Objectives:

At the conclusion of this course, attendees will be able to:

- 1. Understand EMS culture & the impact mental health has on our daily lives**
- 2. Learn how to recognize various kinds of stressors**
- 3. Explore management & prevention strategies**
- 4. Identify available support systems & resources**



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Continuing Education

This continuing education activity is accredited by the Commission on Accreditation for Pre-Hospital Continuing Education (CAPCE) for 1.0 basic CEH.

Register Online: <https://Stress26Jun23.Eventbrite.com>

Cancellation Notification

If the event is cancelled for any reason, refunds will be provided in full within 30 days of the cancellation notification. Registered participants will be notified immediately through the email address provided at the time of registration. If an email address was not provided, a voice message will be left at the number provided at the time of registration.

Refunds

Refunds (less a \$20 administration fee) will be provided if the refund request is received in writing 72 hours (3 days) prior to the event. The refund will be processed within 30 days of the timely refund request.

National Paramedic Refresher Course Series:

Additional Upcoming Courses:

<https://gmrlearning.com/virtual-courses/>

Questions

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GMR FAMILY OF COMPANIES

